

GRAND RAPIDS COMMUNITY COLLEGE

CREDIT BY EXAMINATION

STUDENT MANUAL FOR

AD 230 MENTAL HEALTH NURSING

8. Demonstrates accountability within the ethical, legal and regulatory frameworks of health care
9. Provides health education for individuals and/or groups to promote informed decisions, desired outcomes and self-care activities

#### IV. TESTING CONDITIONS FOR WRITTEN EXAMINATION

1. The written examination has a two hour limit.
2. All necessary supplies will be furnished by the college.

#### V. TEST NORM LEVELS FOR WRITTEN EXAMINATION:

1. In order to receive credit the student must achieve an 80% score on the examination.  
You are only allowed to take this test once.

#### VI. LEARNER RESOURCES:

Stuart, Gail W., Handbook of Psychiatric Nursing. 6<sup>th</sup> Ed., St. Louis, MO, Elsevier Mosby, 2005

4. The admitting psychiatrist states to the team that a new patient has many “Cluster B” characteristics. Which behaviors would the team anticipate?
  - a. Dramatic and manipulative
  - b. Odd and eccentric
  - c. Psychotic and confused
  - d. Suspicious and hostile
  
5. A patient with an extensive history of substance abuse, has just been diagnosed with a Generalized Anxiety Disorder. The nurse would question which orders prior to implementation of the order? Select all medication orders that would be questioned.
  - a. Buspar (buspirone) 15 mg. BID po
  - b. Clozaril (clozapine) 100 mg. TID po
  - c. Prozac (fluoxetine) 20 mg. daily po
  - d. Xanax (alprazolam) 1.0 mg. TID po
  - e. Lexapro (escitalopram) 20 mg. daily po
  
6. Atypical Antipsychotic drugs have been used in the treatment of schizophrenia since the:
  - a. 1920s
  - b. 1950s
  - c. 1970s
  - d. 1990s
  
7. A patient hospitalized for detoxification from alcohol states, “When I get upset, I just can’t calm down without a drink.” Kohut would explain this self-soothing deficit as a result of problems with which need of childhood and adolescence?
  - a. Altruism
  - b. Autonomy
  - c. Idealization
  - d. Mirroring

## ANSWERS TO SAMPLE QUESTIONS FOR AD 230

1. c

2. d

3. c,d,e

4. a

5. b,d

6. d

7. c

8. b

9. c

10. d