Protocol After Possible High Risk COVID-19 Exposure
Beginning March 16, 2022

**High Risk Exposure:** To be considered “high risk” individuals must meet one of the following criteria:

- Live with or care for a COVID-19 positive person
- Have direct physical contact with a COVID-19 case
- Have been coughed or sneezed on by an infected person
- Have been within six feet of a person with COVID-19, within the past 10 days, for a cumulative total of 15 minutes or more over a 24-hour period, starting two days before their symptom onset or testing date if no symptoms*

*Excluding Health Care Workers/Students caring for individuals in an official health care facility using proper PPE

**DO YOU HAVE SYMPTOMS?**

- **YES:** Contact your Primary Healthcare Provider and get tested. **Stay at home in isolation until test result is received.**

  **POSITIVE TEST RESULT with symptoms:** Stay home in isolation, even if fully vaccinated

  Individuals may return to campus after **all** criteria below are met:
  1. At least 24 hours of no fever without use of fever reducing medications (ie. Tylenol®, Motrin®, etc.)
  2. Symptoms have significantly improved
  3. It has been at least 5 days from the initial start of symptoms
  4. Wear a mask around others for an additional 5 days.

- **NO:** Follow the recommendations set forth by the Michigan department of Health and Human Service

**Exposure is to a personal/household contact:**

1. Conduct symptom monitoring for 10 days; and
2. Test at least one time, if possible, three to seven days after exposure, and if symptoms develop; and
3. Wear a well-fitting mask for 10 days from the date of last exposure to protect others (home quarantine is an alternative for those who are unable or unwilling to mask); and
4. Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals for 10 days from the date of last exposure.

**Exposure is to other type of contact (from a community, social or work setting):**

5. Monitor for symptoms for 10 days; and
6. Test if symptoms develop; and
7. Consider wearing a well-fitting mask around others for 10 days from the date of last exposure to protect others. At a minimum, wear a mask in settings with higher risk of exposing vulnerable individuals.

In accordance with CDC, LARA, and Kent County Health Department guidance: Updated 3/18/2022