General Formatting

- Title page
- References page
- Abstract (ask your instructor)
- In-text citations
- Double-spaced
- Page number on every page
- Times New Roman size 12

APA 7 update on running heads:
“Student papers need only the page number in the page header, unless the instructor or institution also requires a running head” (American Psychological Association, 2020, p. 44).

In-Text Citations

Use the author’s last name and the year of publication separated by a comma.

(Last Name, Publication Year).

(Ruiz, 2014).

*If the work has more than three authors, list only the first author, followed by “et al.”

Parenthetical example: (Warner et al., 2023).

Signal phrase example: According to Warner et al. (2023)...

However, in the reference entry, list all authors, up to twenty authors.

Citing a Direct Quote

Direct quotations must be followed by the page number.


Sources: APA Manual 7th Ed. and Purdue OWL. Revised by GRCC Language Arts Lab 1/18/23.
Examples of Reference Entries

Setup:
- Type “References” and center it at the top of the page
- Alphabetize by the first letters of each source
- Use hanging indents
- Maintain double-spacing
- List all authors, up to 20 authors
- Capitalize only the first word of titles, subtitles, words after colons and dashes, and proper nouns when citing the source’s title.

Website

Lastname, First initial. Middle initial. (Year, Month Date). Title of page. Site name. URL

Online Journal

Lastname, First initial. Middle initial. & Lastname, First initial. Middle initial. (Year). Title of article. Title of Periodical, vol.(issue), page numbers. DOI

Book

Author, A. A. (Year of publication). Title of work: Capital letter also for subtitle. Publisher Name.

Podcast Episode

Host, A. A. (Host). (Year, Month Date). Title of episode (No. if provided) [Audio podcast episode]. In Name of podcast. Publisher. URL
Sarian, B. (Host). (2022, November 3). Who were the bozos before Bezos? When money ruins everything [Audio podcast episode]. In Dark History. Audiobloom. www.URLhere.com

Sources: APA Manual 7th Ed. and Purdue OWL. Revised by GRCC Language Arts Lab 1/18/23.